

Wayzata Area Youth Volleyball Association

2010 Volleyball Season Details

Teams

Each of our volleyball teams consists of ten players and one or more coaches. WAYVA plans to field the following teams for the 2010 season:*

12-1, 12-2

13-1, 13-2

14-1, 14-2

15-1, 15-2

16-1, 16-2

17-1

* Based on attendance at tryouts, the number of teams may be adjusted.

What to bring to tryouts

- Water Bottle
- Comfortable gym shoes
- Knee pads if you have them
- NCR form
- Medical information
- Checkbook - (with 5 checks if you are spreading the payments)



Tryouts

Teams are selected during a tryout process. Each player will perform a series of skills and compete in game situations to evaluate their abilities, athleticism, hustle, communication, and enjoyment of the game. We like to see smiles and excitement.

While we try very hard to offer as many spots as we can for interested players in our community - due to limitations in coaching resources and practice times - it is likely not all players will be selected for teams.

(If you are an adult that wants to share their love of volleyball as a coach or co-coach for a team, please send an email to questions@wayva.org and we will contact you. It could mean a season for 10 young ladies that might not get a chance to play otherwise.)

Parents **will not** be allowed in the gyms during the actual tryouts. It is less stressful for the parents and the players, and allows them to focus on the activities in the gym. Please return to Wayzata High School at 5:30 PM to complete all forms, get your team assignment, assist with uniform sizing, and meet your coach for the coming year. Our goal is to be done with all activities and forms by 7 PM.

SEASON

We create a basic season schedule for all teams. Once a team is selected, families work together with their team's coach if they wish to add events to this schedule. Any costs will be in addition to the season fees of the teams who elect to participate in additional tournaments.



14-1, 15-1, 16-1, 17-1 Teams

SEASON: December - mid-May, 2 practices/week

Season Cost: \$900*

Competition Events: Ralia Power League (5 dates) at facility in Maple Grove

Presidents' Day Festival (2 days) on Valentine's weekend anywhere in Mpls. / St. Paul area

NCR Area Event (1 day) in later April at various locations

Wayzata 15+ Tournament (2 days) (*not 14-1's*) first weekend in May at WHS

Rochester Cup (2 days) second weekend in May in Rochester

15-2 and 16-2 Team Events

SEASON: December - mid-May, 2 practices/week

Season Cost: \$750*

Competition Events: Ralia Power League (5 dates) at facility in Maple Grove

Presidents' Day Festival (2 days) on Valentine's weekend anywhere in Mpls. / St. Paul

NCR Area Event (1 day) in later April at various locations

Wayzata 15+ Tournament (2 days) first weekend in May at WHS

13-1 and 14-2 Team Events

SEASON: November - mid-May, 2 practices/week

Season Cost: \$725*

Competition Events: Ralia Power League (5 dates) at facility in Maple Grove

Presidents' Day Festival (2 days) on Valentine's weekend anywhere in Mpls. / St. Paul

One local tournament - selected by the coach

NCR Area Event (1 day) in later April at various locations

13-2 Team Events

SEASON: November - April, 2 practices/week

Season Cost: \$675*

Competition Events: Ralia Power League (5 dates) at facility in Maple Grove

One local tournament - selected by the coach

NCR Area Event (1 day) in later April at various locations

12-1 Team Events

SEASON: November - March, 2 practices/week

Season Cost: \$600*

Competition Events: Ralia Power League (5 dates) at facility in Maple Grove

Presidents' Day Festival (2 days) on Valentine's weekend anywhere in Mpls. / St. Paul

Two local tournaments - selected by the coach

12-2 Team Events

SEASON: November - March, 2 practices/week

Season Cost: \$550*

Competition Events: Ralia Power League (5 dates) at facility in Maple Grove

Two local tournaments - selected by the coach

* Out-of-district fee is an additional \$50. Players living outside the district are welcome, although we must maintain a balance of in-district participants.

Common Questions

How often will teams practice? We try to schedule two practices per week for each team. Gym availability varies so some weeks could be less. We do not have gym time over school holidays.

When and where will teams practice? We have practice times on Sunday through Friday evenings at district facilities. Practice times will be inconsistent as our gym time varies due to school events. All of our 15s, 16s and 17s teams will have a practice scheduled on Wednesday evenings.

When do practices start? The 12s, 13s, and 14s teams will begin practices in November. The older teams will begin their practices in December.

What uniform items do fees include? A uniform consists of a pair of blue shorts, a Mizuno jersey, a practice T-shirt, and a warm-up jacket.

Why do I have to sign a letter of participation? NCR, our sanctioning organization, instituted this form when it noted that players would tryout at multiple clubs, make more than one team, then quit the others before the season began. This could cause the dissolution of a team leaving eager players with no volleyball season. The letter states that you intend to play on the team just selected and disallows you from playing at any other club until your commitment is fulfilled.

Why are parents not allowed in the gym? We have done tryouts both ways and noted that when parents are in the gym, the girls can be distracted and not give their best participation toward the scheduled activities. We appreciate your understanding.

How will teams be announced? We will pick teams and announce them at the completion of tryouts. Players will be asked to find their parents, assemble with their coaches, and complete registration and uniform sizing. We feel notifying you right away allows you the best option for using your time effectively. Team selections should be announced around 6 PM.

What if the outcome is not what we hoped? Not everyone will make it onto a 1s team. Some girls may have more experience, skills, athletic ability, or any number of things. Our coaches use their best judgment based on what they see at tryouts and those selections are final. Coaches will be meeting their players and parents following team announcements and will not be available for follow-up discussions about selections. You are welcome to send an email to questions@wayva.org and we will respond as quickly as possible.

Do we need to buy ankle braces if selected for a team? One of the potential injuries to a VB player is a rolled ankle. Ankle braces are recommended for all players. Please use your judgment in looking at the competitive level and age of your team. You will also need good supportive gym shoes and knee pads.



Have a great 2010 season – play hard – have fun!